

BODY INJURIES - PREVENTION

Administrative Controls for CTDs

Wausau Nationwide Insurance Group

This video covers the effectiveness of administrative controls in minimizing injuries related to cumulative trauma disorders.

Video - 47 minutes

ID Number: 0195-043

Audiograms and their Evaluations

U.S.Department of Labor, c.1975

This technical oriented video designed for industrial hygiene describes in detail the function of audiograms and how they are evaluated. It also describes in detail the specifics of using and calibrating sound level meters. This video is for persons with advanced knowledge of hearing conservation practices.

Video - 15 Minutes, 30 Seconds

ID Number: 0892-037

Back Care for Healthcare Providers

Long Island Productions, c.1992

Especially for hospital employees. 70% of back pain results from disc degeneration. Consistent back care and safe lifting is essential:

- Back mechanics: structure and function
- Stretching and exercise benefits
- Lift principals/techniques: load/counterload, 10:1 ratio
palm grip, load in close, leg power
- Techniques for awkward positions

Video - 9 Minutes

ID Number: 0198-102

Back Care & Safety

Long Island Productions, c.1995

This video is a humorous presentation for manager and employee visual presentation to accompany actual material handling training work sessions. The subject matter covers back injury facts, how the back works, causes of back injury and proper lifting or material handling steps.

Video - 17 minutes

ID Number: 0195-056

Back Care & Safety - Spanish

Long Island Productions, c.1994

Teaches your employees about the back and its care.

Includes: back structure, damage, "S" curve protection and proper lifting technique.

Video- 13 minutes

ID Number: 0796-015

Back Injury Prevention

Prevention for The Home Center and Hardware Industry - Home Center Institute by Creative Media Development, Inc., c.1991

Provides fundamental elements of a back injury and lifting program by emphasizing preparation, lifting techniques and fitness when engaged in lifting activities. Demonstrates proper lifting techniques and methods in working environment.

Video - 18 minutes

ID Number: 0892-003

Back Injury Prevention - Spanish

Long Island Productions, c.1996

Help Employees prevent degeneration of back discs. Includes structure of the back, lifting principles, good posture and exercise.

Video - 8:22 minutes

ID Number: 0796-029

Back Injury Prevention for Public Agencies - Short
Long Island Productions, c.1994

- Anatomy of the back
 - Using the back's "power zone " to lift
- Video - 5 minutes
ID Number: 000B-001

Back on Track

The Marcom Group Ltd., c.1989.

This back care training and safety program consists of a video that describes how the back works, potential effects of back injuries, good back care and safety practices, back exercises and proper lifting techniques.
Video - 15 minutes
ID Number: 0293-113

Back To Basics

Safety Shorts

An overview of back injury causes and costs. Body mechanics are briefly reviewed along with other contributing factors to back injury. Back exercise and the use of an elastic back brace are included. Key lifting or manual material handling practices demonstrated. An excellent manual material handling review film to use as a "lead-in" to a more detailed and hands-on training session.
Video - 5 minutes
ID Number: 0195-004

Body Mechanics - Preventing Pain & Strain

Bureau of Business Practice, c.1989

- Ergonomics for work area
 - Exercises to relieve stress
 - Exercises to strengthen and tone muscles
 - Importance of good posture
 - Lifting techniques
- Video - 20 minutes
ID Number: 0198-114

Carpal Tunnel Syndrome

Dr. Nahai & Wausau Insurance Company, c.1988

A medically specific video describing the carpal tunnel, factors leading to carpal tunnel problems, mechanical factors, occupational factors, medical factors, trauma, nerve damage, diagnosis of damage, operating procedures and recovery and rehabilitation consideration.

Video - 21 minutes

ID Number - 0892-019

Dermatitis Prevention Program

Kleen-Tex Industries, Inc.

This written program describes occupational skin diseases and focuses on their prevention. Program consists of causes of dermatitis, persons responsible for administering and monitoring program including management, supervisors and employees. General guidelines for protection, types of protection, use of protection and training.

Manual - 9 pages

ID Number: 0293-153

Drum Handling Safety

Advanced Learning Systems & Video Production Group in conjunction with Chevron Corporation, c.1971

This slide converted to video presentation covers the four major steps in handling drums. These include breaking, rolling, placing on pallets and dumping. Emphasizes use of personal protective equipment, correct posture and placement of hands and feet. Uses a question and answer format to provide understanding of basic manual drum handling techniques.

Video - 14 minutes

ID Number: 0892-052

Engineering Controls for CTDs

Wausau Insurance Companies - Communications Network

"Engineering Controls for CTDs" covers a variety of engineering controls that can be effective in the control of CTDs. Material handling, handtools, and workstation recommendations are covered. The concepts discussed are illustrated via an analysis of actual production operations.

Video - 90 minutes

ID Number: 0195-042

Eye Care & Safety

Long Island Productions, c.1989

Motivate employees to avoid eye injury:

- Guard against accidents; wear proper PPE
- Anticipate possible hazards
- Perform effective first aid

Video - 15 minutes

ID Number: 0198-101

Eye Protection - Short

Long Island Productions, c.1994

- Special protection needed for ultraviolet rays
- Handling acid or alkali exposures
- Rules about contact lenses

Video - 6 minutes

ID Number: 000B-010

Hand Safety (1)

Tel-A-Train, Inc., c.1987

Using personal anecdotes with various industries, this video describes hand hazards, hand injury statistics, hand information, contact hazards, mechanical hazards, glove protection, nip points, pinch points, radiant heat, compressed gas hand injuries and chemical hand injuries.

Video - 16 minutes

ID Number: 0892-032

Hand Safety (2)

Valley Videos.

This short video describes some of the more common types of hand injury exposures including human error, pinch points, jewelry, chemicals, rotating equipment, etc. Emphasizes use of gloves when appropriate and first aid techniques for hand injuries.

Video - 5 minutes

ID Number: 0293-115

Hand, Wrist and Finger Safety 1994

Long Island Productions, c.1994

This video encourages employees to protect their hands.

Video covers: sense of touch, gloves and other protective wear and ergonomics.

Video - 12 minutes

ID Number: 0796-024

Hand, Wrist and Finger Safety 1994 - Spanish

Long Island Productions, c.1994

Video - 12 minutes

ID Number: 0796-025

Hearing Conservation - Short

Long Island Productions, c.1994

- Three part hearing conservation program: testing, training & protection
- Various types of ear protection

Video - 6 minutes

ID Number: 000B-014

Hearing Conservation Program

Video Productions Group in conjunction with Chevron Corporation c.1987.

A comprehensive overview and description of the elements of a hearing conservation program. Covers a wide range of hearing related information including OSHA requirements, monitoring, engineering controls, testing, training, use of hearing protection, measurement tools, how the ear works (including outer, middle and inner ear). An informative video about noise induced hearing loss in the workplace and how it can be prevented.

Video - 25 minutes

ID Number: 0892-036

Hearing Conservation & Safety

Long Island Productions, c.1995

Film covers the hazards presented by noise and many typical sources of noise with associated typical levels, the three key components of noise; loudness, frequency and duration and how these impact the individual. This video explores knowing the warning signs of hearing damage and how to prevent hearing damage.

Video - 12 minutes

ID Number: 0195-055

Hypothermia and Cold Water Survival

Recreational Boating Institute/United States Coast Guard/Video Productions/Chevron Corporation, c.1979.

A slide transfer to video program of a U.S. Coast Guard program covering in general: hypothermia (both acute and chronic), and its causes, symptoms and treatment, for persons exposed in recreational activities.

Video - 23 minutes

ID Number: 0892-076

Introduction to Cumulative Trauma Disorders

Wausau Insurance Companies - Communications Network

"Introduction to Cumulative Trauma Disorders" discusses the definition of cumulative trauma disorders (CTDs), anatomy and physiology as they relate to CTDs, types of CTDs, as well as some major causes of cumulative trauma disorders.

Video - 24 minutes

ID Number: 0195-041

Me and My Back

The Video Production Group in conjunction with Chevron Corporation, c.1988.

The physiology of the back is explained using 3-D computer graphics. Lifting techniques, muscle strengthening exercises and common job-related movements are also discussed. Clever presentation using Lyle and Little Lyle, his conscience, to discuss what we all need to know about back safety.

Video - 19 minutes

ID Number: 0892-005

More Than Meets the Ear: Hearing Conservation for Tanker Truck Drivers

Video Production Group in conjunction with Chevron Corporation, c.1990

Using actors in a staged restaurant scene, a discussion ensues regarding hearing exposures of truck drivers. The video emphasizes the driver's need to have trucks properly maintained, to keep windows up and radios turned down, to avoid loud noise off-the-job and to get regular hearing tests.

Video - 10 minutes

ID Number: 0892-034

Preventing Eye Injuries

Bureau of Business Practice, c. 1990

90% of eye injuries on the job are preventable. Stresses use of safety gear, awareness of hazards, and eye injury first aid.

Video - 12 minutes

ID Number: 0198-113

Proper Lifting

National Safety Council

A brief overview of safe and proper lifting practices. Inspect the object being lifted, plan the lift and begin the lift process following key lifting steps. A good short safety meeting film for a more detailed "hands-on" training session.

Video - 3:44 minutes

ID Number: 0195-025

Safe Lifting - Short

Long Island Productions, c.1994

- Backache causes: inflammations, injuries, aging of spinal disks
- How the back works
- The "lever principal" of lifting
- Lifting in non-ideal situations

Video - 5 Minutes

ID Number: 000B-018

Safe Lifting for Healthcare Providers - Short

Long Island Productions, Inc., c.1994

- Unusual or non-standard lifting procedures
- Lifting with the legs, not the back
- Use of transfer belts, hoist lifts and back belts
- Proper procedures if you lose your grip

Video - 5 minutes

ID Number: 000B-019

Safety Man vs. the Masked Menace

Safety Shorts - Back Pain

A brief film about safety as an attitude. The film reviews causes of back pain and outlines basic back care requirements. A brief overview of the spine and stress points outlining where problems generally occur. Key lifting and manual material handling safety considerations are reviewed. A good safety meeting review film about safe manual material handling practices.

Video - 5 minutes

ID Number: 0195-029

Skin Care

Zee Medical and National Safety Council, c.1991.

A general overview of skin, symptoms of skin problems, use of personal protective equipment, gloves, first aid methods and importance of personal hygiene.

Video - 12 minutes (fifth in a series of six videos)

ID Number: 0892-069

Skin Protection - Short

Long Island Productions, Inc., c.1994

- Infection: chemicals, weather, insects & plants
- Five ways of acquiring skin problems
- Prevention & treatment methods

Video - 5 minutes

ID Number: 000B-020